

THE HISTORY OF TEA

Imported by East India Company, the first samples of tea reached England between 1652 and 1654. By the middle of the 18th century, tea had quickly proven popular enough to replace ale as the English national drink.

Prior to the 17th century, the English had two main meals – breakfast and dinner.

It was Anna, 7th Duchess of Bedford, who first invited her friends to join her for an additional meal of bread-and-butter sandwiches, small cakes and of course, tea.

Later, made popular by Queen Victoria, Afternoon tea developed into an indulgent cuisine.

Wafer-thin crust free sandwiches, typically of cucumber, smoked salmon and cheddar cheese, fancy cakes and regional British savouries and pastries such as Welsh rarebit, Scottish scones and English crumpets were enjoyed

Two distinct forms of tea services evolved: 'low' and 'high' tea.

Low Tea, enjoyed in the low or early part of the afternoon, was served in aristocratic homes and featured gourmet tidbits with emphasis being on the presentation and conversation.

High Tea originated from the working class; not having the means of two main meals each day they combined afternoon tea with the evening meal, serving meats, breads and cakes with hot tea at the end of the day.

The real Tea Connoisseur prefers loose leaf tea simply because it brings out the wonderful variety of nuances and flavours. Tea is very similar to wine; there are an endless number of different types, with the influence upon the final taste resultant from the production method, the harvest time and the shape of the leaf.

Selected teas are grown in optimum climate conditions and where highly advanced cultivation techniques are practiced.

There are only five countries in the world that fulfil these criteria: India, Sri Lanka, China, Taiwan and Japan.

Today, Gunnery Barracks preserves a rich tradition of using the highest quality teas from these countries and partnered with Ronnefeldt teas we can offer outstanding quality to all who visit.



A minimum of one menu item per person must be ordered (aged 5+).
Prices subject to change. Closing times can vary.

TRADITIONAL HIGH TEA 75

A set selection of sweet and savoury pastries, finger sandwiches, scone with preserve and cream and your selection of a tea or coffee.

Upgrade your traditional high tea experience with a glass of the following:

AIX Provence Rose	15
Dalwood Sparkling Chardonnay (120ml)	15
Bianca Vigna Prosecco (120ml)	15
Taittinger Champagne NV (120ml)	25
Taittinger Rose NV (120ml)	32

SPARKLING HIGH TEA 85

Traditional high tea served with a glass of Australian sparkling wine and your selection of a tea or coffee.

CHAMPAGNE HIGH TEA FOR TWO 210

Traditional high tea for **two** guests served with ½ a bottle of Taittinger and your selection of a tea or coffee.

COCKTAIL HIGH TEA 90

Traditional high tea served with your choice of the following and a tea or coffee:

- Espresso Martini *Vodka, Kahlua, chilled espresso coffee*
- Aperol Spritz *Aperol, Prosecco*
- Pimm's Twist *Pimm's, Gin, Dry Ginger and lemonade with mint, cucumber and fruit*
- Bellini *Peach Schnapps and pureed peaches topped with sparkling wine*
- Caribbean punch *Lychee liquor, Pineapple juice with Malibu and coconut cream*
- Cosmopolitan *Vodka and Cointreau with cranberry juice and fresh lime*
- Margarita *Tequila and Triple Sec with fresh lime juice, served in a salt rimmed glass*

CHILDREN'S HIGH TEA *(served from 5-12 years)* 50

A child-friendly selection of sweet and savoury pastries, finger sandwiches, scone with preserve and cream and your choice of hot chocolate, soft drink or juice

**All menu items may contain traces of nuts, eggs, dairy & gluten.
All card transactions incur surcharges: credit cards 1.5%, debit cards 1%, AMEX 1.7% |
There is a Public Holiday surcharge of 15%*

BLACK TEAS

ASSAM MOKALBARIE

An extravagant broken tea with a superbly lively aroma of malt and spices.

ST JAMES ENGLISH BREAKFAST

A premium Ceylon tea from the Uva Highlands with a fruity and lively aroma, appealing to many.

IRISH BREAKFAST

Similar to English breakfast but with extra Assam tea for a dark colour and strong flavour.

ORANGE PEKOE

A well-balanced Ceylon tea blended from tea estates of the Dimbula district, highly aromatic.

EARL GREY

A delegate blend with the typical citrus aroma of bergamot.

CEYLON DECAFFEINATED

A Ceylon tea full of fruity liveliness – without caffeine, mild in acids.

CLASSIC CHAI

This exotic, spicy milk tea from India is both mysterious and delicious.

VANILLA CHAI

An unusual creation from India. Typical spices such as ginger, cloves, cardamom are blended with Assam leaf tea and perfected with vanilla.

ROYAL YUNNAN

A gourmet black tea from the world-renowned Chinese region of Yunnan. A rich and malty tea with lingering notes of chocolate and honey. Served with or without milk.

VANILLA

Fine pieces of vanilla were added to this delicate tea from India to offer a mature full sweetness.

OOLONG PEACH

Flavoured composition of Oolong and black tea with apricot and peach flavour. The sheer pleasure of stunning Oolong, fragrant orange blossoms and luscious pieces of peach.

DARJEELING DELIGHT

A clear, fresh spring tea with typical Darjeeling bouquet – from the best organic tea gardens.

BLACK TEAS CONTINUED

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RED ROSES

A blend of finest China tea with rose petals and the delicate aroma of the rose, flowery, mild, and light.

QUEEN OF CHERRY

Beautifully blended teas from India, China and Java fuse with the almond aroma of the wild cherry to create a truly regal liaison.

DUNG TI OOLONG

An exquisite Taiwan tea that is semi-fermented. Only minute quantities of this rarity are harvested every year. A fascinating tea with great richness of flavour, and a fruit and nut character full of elegance.

IRISH WHISKEY CREAM

This malty Assam tea effuses a flamboyant fragrance of whiskey with a breath of cocoa.

STRAWBERRY FIELDS

Delicate pieces of strawberry lend this well-balanced blend of Ceylon & India black tea its sparkling sweetness.

GREEN TEAS

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WOKU GARDEN

This organic fragrant tea is carefully handcrafted to accentuate the delicate sweetness of Spring.

FANCY SENCHA

A subtle flavoured leafed tea with a delicate characteristic.

FRUITY SENCHA

A subtle flavoured leafed tea with a delicate characteristic of strawberries and rhubarb.

JASMINE GOLD

Sweet Jasmine petals give their special flavour to this elegant fine leaved tea.

SUPERIOR GYOKURO

Harvested only once a year, this unbelievably fine, premium quality tea has a subtle and mildly sweet aroma.

WHITE TEA

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YIN LONG

A rare tea produced from the mountain province of Anhui. When harvesting; only the delicate downy shoots are carefully rolled by hand to a small ball and heated in the pan to halt fermentation. A subtle peach flavour with a touch of tartness.

HERBAL INFUSIONS

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CHAMOMILE

Chamomile tea has a pleasant and relaxing effect and tastes typically tangy and aromatic.

PEPPERMINT

Peppermint tea's natural menthol refreshes and relaxes.

VANILLA ROOIBOS

A delicious herbal infusion from South Africa, gently scented with delicate vanilla to create a full-bodied taste.

RED FRUIT

This caffeine-free blend is medium-light in body. Fresh, fruity and surprisingly invigorating, this blend is sure to brighten your day.

HERBS & GINGER

Herbs and ginger add depth and brightness to this aromatic, golden tea. Enjoy its flavour and fragrance every day - it's an island of calm in a cup.

PLUM & CINNAMON

Plums melded with elderberries, apple, pineapple and cinnamon.

COLD BREWS

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Strawberry fields iced tea

Peached iced tea

Red fruits iced tea

Iced chocolate